







Subcutaneous Fluids

Information Leaflet for patients, carers and relatives

District Nurse Team
SPOA/Base Number
Out of hours contact number

During a recent discussion with your District Nurse and/or GP it was agreed with you and your family/carer that you may benefit from a trial period of treatment using subcutaneous fluids.

Fluid is administered by gravity using a "butterfly" infusion set which is inserted just under the skin. We currently use the one pictured below:



This "butterfly "is then attached to the bag of fluid, using fine plastic tubing, so that the fluid can be administered continuously (pictured). Your GP will prescribe this dependent on your clinical condition.



The infusion will be set up and reviewed a minimum of twice per day by the District Nursing Team.









In between these times we would ask that you or others supporting your care at home agree to monitor the infusion regularly and call the district nurse if;

- The bag of fluid is empty or almost empty
- There is redness/swelling/leakage/bleeding/bruising around infusion site
- The infusion site becomes painful
- Anything becomes dislodged

If you or your family/ carer become aware that your breathing is noisy then the infusion should be turned off (the District nurse will show you how to do this) and you should phone the district nurse.

Please contact the District Nursing Team if you have any questions.

Useful Telephone Numbers