



Chief Officer
Susanne Miller

Glasgow City Health & Social Care Partnership

www.glasgowcity.hscp.scot
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www.nhsggc.org.uk

Dear colleagues,

I am pleased to share the details of the next webinar I have arranged. The title is **'Talking about dying, from advance care planning to end of life care'** and I am delighted that it will be given by **Dr Kathryn Mannix**.

Dr Mannix is a retired consultant in Palliative Medicine. She is also a cognitive behavioural therapist and is a long time advocate for better end of life care. She has a brilliant book out called 'With the End in Mind' which is based on her many years of experience and also discusses why so many of us are in denial about death and how this impacts on people's end of life experiences. As well as this book which I thoroughly recommend she also has done a BBC Ideas short film called 'Dying is not as bad as you think' which has had over 3 million views on Facebook alone (link below).

<https://www.bbc.co.uk/ideas/videos/dying-is-not-as-bad-as-you-think/p062m0xt>

So I am sure you will agree that she is very well placed to give us a presentation on talking about dying and planning ahead. As well as her slide presentation we will open the floor up at several points to allow you to ask Kathryn questions directly or by the Q&A box.

The Zoom webinar is planned for **Tuesday the 1st of September at 7pm** and we would ask that you register in advance. The webinar will also be recorded for sharing at a later date too. Please register through this link and after you register you will receive a confirmation email containing information about joining the webinar.

https://us02web.zoom.us/meeting/register/tZUkde6qrTkiHNFPWHjxz_f2W7eXVtBTaMDX

I hope you will agree this is a great opportunity for learning and is timed after such a difficult few months having many of these conversations I am sure such conversations have been at the front of all our minds and have been one of the hardest parts of the pandemic.

Kindest regards and hope to see many of you on the 1st of September!

Jude

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