

## We welcome your feedback

We hope you're happy with the care and support we've provided to you and the people close to you.

We'd really like to hear about your experience – whether it was positive or if there were things we could've done better. To share your comments or suggestions with us, or to make a complaint, please contact us.

Phone: **0141 557 7511 - option 2** (9am – 5pm, Monday to Friday)

Email: **mcns.glasgow@nhs.net**

Write to:

Margaret Lambie, Clinical Nurse Manager

Marie Curie Hospice, Glasgow

133 Balornock Road G21 3US

## Support us

Our service is supported by charitable funds and is always free of charge for the people we look after. To find out ways you can support Marie Curie, visit **[mariecurie.org.uk/get-involved](https://mariecurie.org.uk/get-involved)**

---

In partnership with



Thank you to everyone who supports us and makes our work possible. To find out how we can help or to make a donation, visit our website

**[mariecurie.org.uk](https://mariecurie.org.uk)**



Simon Rawles/Marie Curie

# Help with your care after your discharge home

Marie Curie Health and Personal Care Assistants can support you when you return home from hospital or a hospice.

Care and support  
through terminal illness



## Health and personal care support in your home

Before you're discharged from the hospital or hospice, a Marie Curie Senior Nurse will discuss with you the support that you might need when you return home.

The senior nurse will work closely with you, your doctor, district nurse, GP and other health professionals to arrange care and support that's right for you and your family.

This includes support from Marie Curie Health and Personal Care Assistants who are part of the Fast Track Discharge Team. They can be there for you for up to seven days after your discharge home while other care is being arranged for you.



## How we can help

Marie Curie Health and Personal Care Assistants are skilled in providing care and support for people at home. They work between 8.30am and 8pm, seven days a week.

They can help you with:

- personal care such as washing and dressing
- minor household tasks such as loading the washing machine
- making a simple meal or a cup of tea

They can provide support to your family and friends too.

At each visit, our health and personal care assistant will discuss with you arrangements for their next visit so you know what to expect.

If you need care at night, your district nurse may also arrange for a Marie Curie Nurse to provide you with overnight nursing care.

If you need information or support, contact the free Marie Curie Support Line on **0800 090 2309** (8am to 6pm Monday to Friday and 11am to 5pm on Saturdays) to speak to a trained adviser or visit our website at **[mariecurie.org.uk/help](https://mariecurie.org.uk/help)**

Your call may be recorded for quality and training purposes.