**ANTICIPATORY CARE PLANNING**

**What is it?**

* What we do anyway!
* The vast majority of patient encounters involve consideration of what future care needs might be.

**Who is it for?**

* Whoever you feel should be considered!
  + E.g. ‘dying’ patients; those with specific conditions; those with complex care needs etc

**How do you decide who it is for?**

* Dying – palliative care register; SPICT; CDM registers; care home patients; housebound patients; SPARRA

**Why may it be even more important in palliative care?**

* Dying is a very emotive area for patients and their loved ones (and for us)
* We only get one chance to get it right!

**Who should undertake Anticipatory Care Planning?**

* Anyone who is seeing the patient / carer

**How should Anticipatory Care Planning be done?**

* Continuously
* With sensitivity, care and compassion!

**THE ACP CHECKLIST:**

**Legal**

* Does the patient have capacity?
* If not do they have Power of Attorney/Guardianship?
* If they do have capacity might this be lost in the future?

**Patient/carer/loved ones views**

* Do we know what is important?
  + E.g. beliefs (inc. religious); family; pet; etc.
* Do we know what they want?
  + E.g. preferred place of care; preferred place of death; etc.
* Do we know what they don’t want?
  + E.g. admission; ventilation; etc.
* Would patient/carer/loved ones benefit from ‘My Thinking Ahead & Making Plans...’?
  + Almost certainly!

**Clinical – have we considered:**

* What is likely to happen? (Probable)
* What might happen? (Possible)
* What are the ceilings of treatment/intervention?
  + E.g. chemotherapy; surgery; CPR; admission; I/V therapy; blood tests; etc.
* Prescribing
  + Rationalize; anticipatory medicines (Just in Case); route?
* Processes
  + DNACPR (as above); RNVoED
* Would a ‘self-management plan’ help?
* Is a ‘Care in the Last Stages of Life Plan’ (GaEL) needed?

**Communication**

* Do the patient/family/loved ones know all that they need to know?
* Do all health and care services know what they need to know?
  + KIS – is this needed to pass information to other services?